

Curriculum Vitae (summary)

José Manuel Domingos Pereira Miguel, born in Lisbon 18.04.1947

*President of the National Institute of Health, Ministry of Health, Lisbon, Portugal
Chair Professor of Preventive Medicine and Public Health, Head of the Institute of Preventive Medicine,
Faculty of Medicine, University of Lisbon, Portugal*

Address: Instituto Nacional de Saúde, A.v. Padre Cruz, 1649-016 Lisbon, Portugal

Email: jomiguel@acs.min-saude.pt

Mobile phone: 00 351 91 721 3374

Academic activities

- Head of the Institute of Preventive Medicine, Faculty of Medicine, University of Lisbon (1995 +).
- Director of the Master Courses on Health Care Management, Faculty of Medicine, University of Lisbon (1996 +), Epidemiology (2006+), Health Communication (2007).
- Chair Professor of Preventive Medicine and Public Health, Faculty of Medicine, University of Lisbon (1998 +).

Health care activities

- Specialist in Internal Medicine at Hospital de Santa Maria, Lisbon (1978 - 1988).
- Medical Chief at Musgueira's (Lisbon) Primary Health Care Centre (1980 - 1985).
- Director of the Red Cross Hospital, Lisbon (1988 - 1993).
- Director of the Students' University Health Centre, University of Lisbon (1996 +).
- Deputy Director General of Health, Directorate General of Health, Ministry of Health (1998 - 1999).
- Director General of Health (Chief Medical Officer) and High Commissioner of Health, Ministry of Health (2001 - 2005).
- High Commissioner of Health, Ministry of Health (2001 - 2005).
- President of the National Institute of Health (2006+)

Research activities

- Co-director of the Research Centre of Preventive Cardiology, National Institute of Health Dr. Ricardo Jorge, Lisbon (1977 - 1988).
- Head of the Research Unit of the Portuguese Foundation for Science and Technology at the Institute of Preventive Medicine, Faculty of Medicine, University of Lisbon, since its beginning in 2004.

- Main research areas: electro/vectocardiography, cardiovascular epidemiology and prevention, health technology assessment, students' health, environmental health.

International health

- Delegate of Portugal to several groups and committees of the European Union since 1998, namely, during the Portuguese presidency of 2000, as scientific coordinator of the European Conference on Health Determinants, the Council of the European Union and groups of the Commission ("Chief Medical Officers" and other high level groups).
- Delegate of Portugal to WHO, being several times head of the Portuguese delegation to the Executive Council, World Health Assembly and Regional Committee for Europe, since 2001.
- Delegate of Portugal to the Ministerial health meetings taking place in the framework of the Iberian American Summits of Heads of State, since 2002.
- Several missions of cooperation for the development in S. Tomé e Príncipe and Cabo Verde, since 2002.
- Elected member of WHO's Executive Council – for the European Region, as representative of Portugal (2005 - 2008).
- Coordinator of the Portuguese EU Council Presidency – Health (2007).

Other activities

- Member of the National Council on Food and Nutrition (1987 - 2000).
- Member of the National Council on Environment and Sustainable Development (1998 - 2001).
- National Coordinator of the "Portuguese National Health Plan 2004-2010" – the new national strategy of health, widely discussed in the country for one and a half year, a process ending with the first National Health Forum, in February 2004.

Academic and professional training

- Medical course at Lisbon's Medical Faculty, University of Lisbon (1964 - 1970).
- Specialist in Internal Medicine (1976).
- PhD in Medicine (Internal Medicine) by the University of Lisbon (1985).
- Degree of senior specialist in Internal Medicine (1988).
- Associate professor (1988), Aggregate professor (1994) and Chair professor (1998) in Preventive Medicine and Public Health, Faculty of Medicine, University of Lisbon.
- Competency in Epidemiology attributed by the National Executive Council of the Portuguese Order of Physicians (1996).
- Diploma in Medical Education, Cardiff Medical School, University of Wales, United Kingdom (1997).
- Post-graduate training in several areas related to internal medicine, cardiology, preventive medicine, public health and epidemiology, in Portugal and abroad.

Scientific and professional societies

- Portuguese Order of Physicians (Medical Association) (1972 +).
- Portuguese Societies of Cardiology (1973 +) and Internal Medicine (1983 +).
- Councils on Epidemiology and Prevention of the International Society of Cardiology (1974 +) and of the European Society of Cardiology (1983 +).
- Portuguese Association of Epidemiology (1987 +).
- Portuguese Society of Atherosclerosis (1990 +; President 1994 -1996).
- Portuguese Society of Food and Nutrition (1993 +).
- American College of Preventive Medicine and Association of Teachers of Preventive Medicine (1994 +).
- European Society of Atherosclerosis (1995 +).

Publications

- Over 150 publications, mainly in the fields of cardiovascular epidemiology and prevention, epidemiology, preventive medicine and public health.